



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2025-2026

School Name & Location Number:	Palm Springs Middle
Principal:	Mr. Heriberto
Phone Number:	305/821/246
School Wellness/Healthy School Team Leader:	Mr. Marc
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Gabriel Cabrera, Kirenia Jaime, Sheryl Henderson, Todd Peterseil, Latoya Thomas, and (student)
Committee Meeting Dates (list at least 4):	Dates TBD
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition: Implementing healthy eating programs and managing the food serving process to ensure</p> <p>Physical Education: Pre/Post Fitness Gram data used for activity planning</p> <p>Physical Activity: Maintain six periods of dance</p> <p>Health and Nutrition Literacy: Have students create a short video or vlog about what they learned about</p> <p>Preventive Healthcare: Continue Code blue team Yearly selection of new members if</p>

	<p>Sustainability Practices: Posting educational flyers and information throughout the school.</p>
<p>Community Engagement:</p>	<p>Increase business and community involvement in the local area.</p>
<p>Monitoring and Evaluation:</p>	<p>School Health Fair attendance.</p>
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<p>Post monthly Well Way program flyers.</p>