



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2025-2026

School Name & Location Number:	Palm Springs Middle
Principal:	Mr. Heriberto
Phone Number:	305/821/246
School Wellness/Healthy School Team Leader:	Mr. Marc
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Gabriel Cabrera, Kirenja Jaime, Sheryl Henderson, Todd Petersell, Latoya Thomas, and (student)
Committee Meeting Dates (list at least 4):	Dates TBD
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: Implementing healthy eating programs and managing the food serving process to ensure Physical Education: Pre/Post Fitness Gram data used for activity planning Physical Activity: Maintain six periods of dance Health and Nutrition Literacy: Have students create a short video or vlog about what they learned about health and nutrition Preventive Healthcare: Continue Code blue team Yearly selection of new members if

Sustainability Practices:	Posting educational flyers and information throughout the school.
Community Engagement:	Increase business and community involvement in the local area.
Monitoring and Evaluation:	School Health Fair attendance.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Post monthly Well Way program flyers.